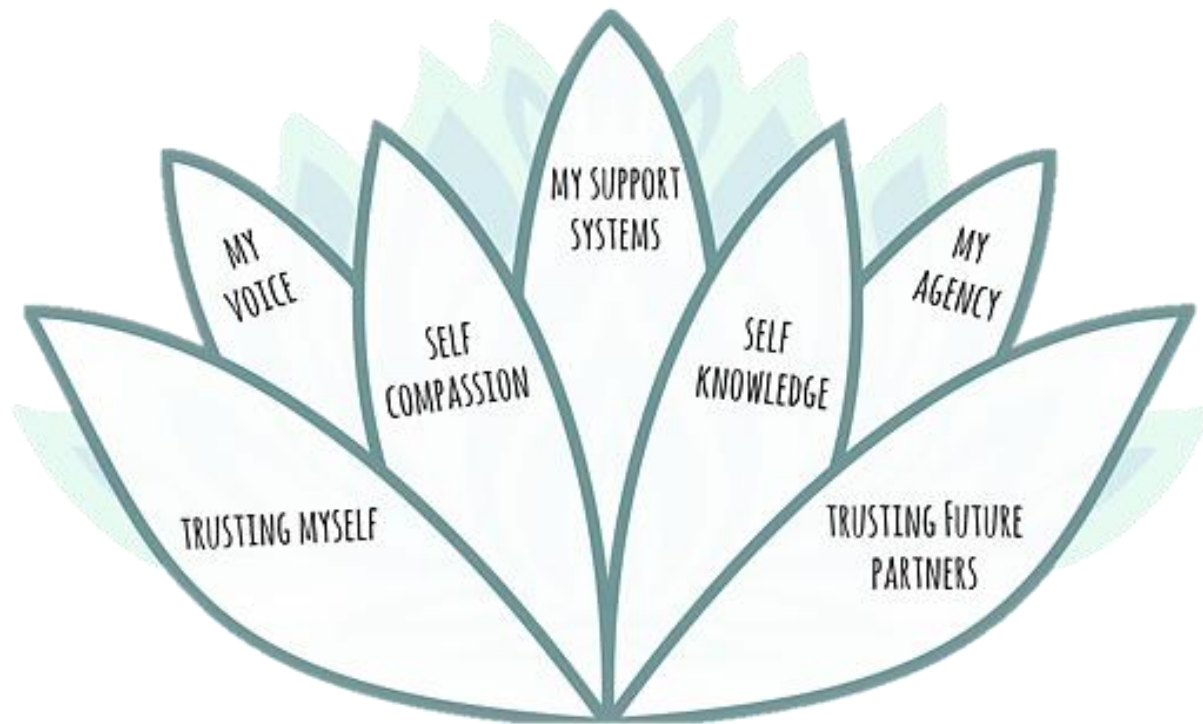


a flip the script series discussion

DATING

after abuse



DATING after abuse

Some sentence starters for the lotus flower exercise:

I've realized . . .

It's important to me . . .

I want to work on . . .

I want to ask for . . .

. . .